



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**STATE STANDARD**  
SUCCESSFULLY SET THE  
-53 KG MASTER 5 BENCH PRESS SINGLE LIFT  
RECORD OF  
**24.5 KG**

01/01/2025

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

