



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**MIKAYLA FORSYTHE**  
SUCCESSFULLY SET THE  
84+ KG SUB JUNIOR DEADLIFT SINGLE LIFT  
RECORD OF  
**185 KG**

2023 HIGH SCHOOL NATIONAL CHAMPIONSHIP  
03/31/2023

A stylized signature of Robert Keller in a dark blue, cursive font.

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

