



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
MIKAYLA FORSYTHE
SUCCESSFULLY SET THE
84+ KG SUB JUNIOR DEADLIFT SINGLE LIFT
RECORD OF
185 KG

2023 HIGH SCHOOL NATIONAL CHAMPIONSHIP
03/31/2023

A stylized signature of Robert Keller in a dark blue, cursive font.

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

BILL HELMICH
VP, POWERLIFTING AMERICA

