



PENNSYLVANIA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
DINESH TAMANG
SUCCESSFULLY SET THE
-66 KG JUNIOR DEADLIFT SINGLE LIFT
RECORD OF
182.5 KG

2023 HIGH SCHOOL NATIONAL CHAMPIONSHIP
03/31/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA