

**KANSAS RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT TERRIN HOWARD

SUCCESSFULLY SET THE -105 KG JUNIOR DEADLIFT SINGLE LIFT RECORD OF

255 KG

**2023 OTTAWA IRON WARS** 10/07/2023

Robert Keller Bill Helmich

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

BILL HELMICH

VP. POWERLIFTING AMERICA