



PENNSYLVANIA RAW  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**CATHY AVERY**  
SUCCESSFULLY SET THE  
-69 KG MASTER 1 DEADLIFT SINGLE LIFT  
RECORD OF  
**150 KG**

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS  
05/17/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA