



**WISCONSIN RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**

**TAMARA OSTLING**

**SUCCESSFULLY SET THE  
84+ KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF**

**47.5 KG**

**MPG MADNESS  
03/15/2025**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA