



SOUTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JOSUE PAREDES

SUCCESSFULLY SET THE
-74 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
162.5 KG

CLASSIC OPEN NATIONALS
04/03/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA