



PENNSYLVANIA RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
AVA SHIRK
SUCCESSFULLY SET THE
-63 KG SUB JUNIOR SQUAT
RECORD OF
145 KG

HIGH SCHOOL NATIONALS
04/10/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

