



WISCONSIN EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
SAM PRENDERGAST
SUCCESSFULLY SET THE
-74 KG SUB JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF
145 KG

HIGH SCHOOL NATIONALS
04/10/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA