



MINNESOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CARRINGTON AMADI

SUCCESSFULLY SET THE
120+ KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
205 KG

SPRING SMASH
04/26/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA