



CALIFORNIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

RICK HOWE

SUCCESSFULLY SET THE
120+ KG MASTER 1 DEADLIFT
RECORD OF

232.5 KG

1RM POWERMANIA
06/21/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA