



PENNSYLVANIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
CAROLYN CONNOR
SUCCESSFULLY SET THE
-69 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
117.5 KG

IPF WORLD SJ_JR POWERLIFTING CHAMPIONSHIPS
08/29/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

