



PENNSYLVANIA RAW RECORD CERTIFICATE

THIS CERTIFIES THAT
CAROLYN CONNOR
SUCCESSFULLY SET THE
-69 KG OPEN BENCH PRESS
RECORD OF
117.5 KG

IPF WORLD SJ_JR POWERLIFTING CHAMPIONSHIPS
08/29/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA