



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
LILA COOPER
SUCCESSFULLY SET THE
-63 KG SUB JUNIOR DEADLIFT
RECORD OF
165 KG

IPF WORLD SJ_JR POWERLIFTING CHAMPIONSHIPS
08/29/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA