



NEW YORK EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
KEITH NAUTEL
SUCCESSFULLY SET THE
-83 KG MASTER 3 BENCH PRESS
RECORD OF
180 KG

RISE FROM THE ASHES II
09/20/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA