



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**JEFFREY TRYON**  
SUCCESSFULLY SET THE  
-120 KG MASTER 3 SQUAT  
RECORD OF  
**190 KG**

7TH ANNUAL POWERLIFTING AMERICA OCALA OPEN IRON LEGION CHAMPIONS  
09/20/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA