



IDAHO RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SERENA ARAVE

SUCCESSFULLY SET THE
-57 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
70 KG

IDAHO STATE CHAMPIONSHIP
09/27/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA