

OHIO RAW

RECORD CERTIFICATE

THIS CERTIFIES THAT **ZIHAO QING**

SUCCESSFULLY SET THE -105 KG OPEN SQUAT RECORD OF 300 KG

JOHN AND FRIENDS 09/27/2025



ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

Robert Keller Bill Helmich

BILL HELMICH VP. POWERLIFTING AMERICA