



OHIO RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

HEIDI LEWIS

SUCCESSFULLY SET THE
84+ KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
100 KG

JOHN AND FRIENDS
09/27/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA