



WASHINGTON RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
ROBERTA CARLSON
SUCCESSFULLY SET THE
-69 KG MASTER 3 SQUAT
RECORD OF
145 KG

IPF WORLD MASTERS POWERLIFTING CHAMPIONSHIPS
10/10/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA