



NEVADA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

RACHAEL DIEHL

SUCCESSFULLY SET THE
-84 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
87.5 KG

19ST ANNUAL IPF/NAPF NORTH AMERICAN REGIONAL BENCH PRESS CHAMPIONSHIP
10/22/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA