



CALIFORNIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SHAHRIAR LONIAKAN

**SUCCESSFULLY SET THE
-105 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF**

105 KG

**19ST ANNUAL IPF/NAPF NORTH AMERICAN REGIONAL BENCH PRESS CHAMPIONSHIP
10/22/2025**



Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA