

**OREGON RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT **VAL KRESS** 

SUCCESSFULLY SET THE 84+ KG MASTER 3 BENCH PRESS SINGLE LIFT RECORD OF

67.5 KG

**OREGON STATE CHAMPIONSHIPS** 11/01/2025



ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

Robert Keller Bill Helmich

BILL HELMICH VP. POWERLIFTING AMERICA