



NEBRASKA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
BLAINE NELSON
SUCCESSFULLY SET THE
-105 KG OPEN BENCH PRESS
RECORD OF
182.5 KG

CALIFORNIA STATE CHAMPIONSHIPS 2025
11/01/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA