



KENTUCKY RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CONNOR LONG

**SUCCESSFULLY SET THE
-120 KG JUNIOR SQUAT
RECORD OF**

250 KG

**INDIANA STATE CHAMPIONSHIPS
11/01/2025**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA