



KENTUCKY RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CONNOR LONG

SUCCESSFULLY SET THE
-120 KG SUB JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF

172.5 KG

INDIANA STATE CHAMPIONSHIPS

11/01/2025



Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA