



LOUISIANA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JOHN SYLVERA

SUCCESSFULLY SET THE
-66 KG JUNIOR DEADLIFT SINGLE LIFT
RECORD OF

235 KG

LOUISIANA LIFTMAS CLASSIC
12/06/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA