



NATIONAL RAW RECORD

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**MARLEY PARRISH**

SUCCESSFULLY SET THE  
-84 KG SUB JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF

**115 KG**

BENCH NATIONALS  
01/09/2026



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA