



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

DEUCE GRUDEN

SUCCESSFULLY SET THE
-83 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF

219.5 KG

BENCH NATIONALS
01/09/2026



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA