



ILLINOIS EQUIPPED

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**CADIN COLEHOUR**

SUCCESSFULLY SET THE  
-120 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF

**220 KG**

BENCH NATIONALS  
01/09/2026

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

