



DELAWARE RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
RICHARD READDY
SUCCESSFULLY SET THE
-83 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
190 KG

BENCH NATIONALS
01/09/2026



Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA