



WASHINGTON DC RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**STATE STANDARD**

SUCCESSFULLY SET THE  
-47 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF  
**29.5 KG**

SRDC  
01/01/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA