



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**JOHN M ALDERMAN**

SUCCESSFULLY SET THE  
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT  
RECORD OF  
**110 KG**

2022 NATIONAL BENCH PRESS CHAMPIONSHIPS  
02/26/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA