



**PENNSYLVANIA RAW**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**CLAUDE WELCOME**

**SUCCESSFULLY SET THE  
-93 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF**

**140 KG**

**2022 NATIONAL BENCH PRESS CHAMPIONSHIPS  
02/26/2022**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

