



SOUTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JOHN DEMCHAK
SUCCESSFULLY SET THE
-74 KG MASTER 1 SQUAT
RECORD OF
182.5 KG

2022 CLASSIC SUB-JUNIOR JUNIOR AND MASTERS NATIONAL
06/18/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA