



WASHINGTON RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

DAVID LITCHFIELD

SUCCESSFULLY SET THE
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF

162.5 KG

IRON INDEPENDENCE
07/09/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA