



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**JOHN M ALDERMAN**  
SUCCESSFULLY SET THE  
-93 KG MASTER 4 BENCH PRESS  
RECORD OF  
**110 KG**

TFX CHALLENGE CUP CHAMPIONSHIPS  
07/30/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA