

**GEORGIA RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT TROY LONG

SUCCESSFULLY SET THE -74 KG MASTER 2 BENCH PRESS SINGLE LIFT RECORD OF

120 KG

**5TH ANNUAL SOUTHERN SATES CHAMPIONSHIPS** 09/10/2022



Robert Keller Bill Helmich

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

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