



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**SUZANNE LAFORGE**  
SUCCESSFULLY SET THE  
-63 KG MASTER 3 TOTAL  
RECORD OF  
**337.5 KG**

5TH ANNUAL SOUTHERN STATES CHAMPIONSHIPS  
09/10/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA