



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT  
EXISTING RECORD**

**SUCCESSFULLY SET THE  
-69 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF**

**144 KG**

**NCSJ  
01/01/2022**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

