



VIRGINIA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**STATE STANDARD**  
SUCCESSFULLY SET THE  
-69 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**109.5 KG**

ESJVA  
01/01/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA