



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**CAROLINA ALVARADO**  
SUCCESSFULLY SET THE  
-43 KG JUNIOR DEADLIFT  
RECORD OF  
**132.5 KG**

WOODLAWN OPEN  
07/23/2022

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

