



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
CAROLINA ALVARADO
SUCCESSFULLY SET THE
-43 KG JUNIOR SQUAT
RECORD OF
95 KG

WOODLAWN OPEN
07/23/2022

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

