



MINNESOTA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**RYDER REED**

SUCCESSFULLY SET THE  
-93 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**182.5 KG**

5TH ANNUAL SOUTHERN STATES CHAMPIONSHIPS  
09/10/2022

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

