



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SUZANNE LAFORGE

SUCCESSFULLY SET THE
-63 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF
67.5 KG

2022 4TH ANNUAL OCALA OPEN SUPER TOTAL X 3 CHAMPIONSHIP
09/24/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA