



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JOHN M ALDERMAN

**SUCCESSFULLY SET THE
-93 KG MASTER 4 BENCH PRESS
RECORD OF**

110 KG

**IPF 2022 WORLD MASTERS CHAMPIONSHIPS
10/08/2022**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

