



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

DALE GARLITZ

SUCCESSFULLY SET THE
-74 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF
105 KG

IPF 2022 WORLD MASTERS CHAMPIONSHIPS
10/08/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA