



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**DALE GARLITZ**

**SUCCESSFULLY SET THE  
-74 KG MASTER 4 BENCH PRESS SINGLE LIFT  
RECORD OF**

**105 KG**

**IPF 2022 WORLD MASTERS CHAMPIONSHIPS  
10/08/2022**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

