



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
BILL HELMICH
SUCCESSFULLY SET THE
-93 KG MASTER 5 SQUAT
RECORD OF
105 KG

IPF 2022 WORLD MASTERS CHAMPIONSHIPS
10/08/2022

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

