



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

BILL HELMICH

**SUCCESSFULLY SET THE
-93 KG MASTER 5 SQUAT
RECORD OF**

105 KG

**IPF 2022 WORLD MASTERS CHAMPIONSHIPS
10/08/2022**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

