



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**MICHAEL HARAN**

**SUCCESSFULLY SET THE  
-74 KG MASTER 1 SQUAT  
RECORD OF**

**242.5 KG**

**IPF 2022 WORLD MASTERS CHAMPIONSHIPS  
10/08/2022**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

