



WASHINGTON EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**JEFF HUGHES**  
SUCCESSFULLY SET THE  
-83 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF  
**110 KG**

IPF 2022 WORLD MASTERS CHAMPIONSHIPS  
10/08/2022

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

